

KITCHENER HEEL

Slip half the number of stitches onto one needle, divide the other half, between the remaining two needles, now knit across the middle needle, turn and slip one stitch off onto the side needle, purl back across the middle needle, turn, slip one stitch off onto side needle and knit back. Repeat until only six stitches remain on the middle needle, divide these stitches onto two needles and take back twelve from each side needle leaving thirty stitches on front needle, knit until long enough to take off toe.

Instructions for Knitting

KITCHENER HEEL



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DETROIT, MICH.

Instructions for Knitting

MITTENS



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MITTENS

Cast on 52 stitches, knit two, purl two for three inches. Start for thumb, knit three, purl one, knit two, purl one, repeat that on eight rows. Knit rest of eight rows plain all around. Increase on thumb needle, knit three, purl one. Increase on back of plain stitch making four stitches, purl one, knit three plain rounds and increase same place until there are twenty-two stitches for thumb, knitting three rounds between every increase. Thread wool needle, pass through twenty-two stitches, take off needle and tie.

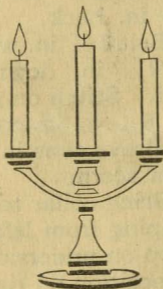
Continue to work around for hand, casting on four stitches, make $4\frac{1}{2}$ inches and narrow to $6\frac{1}{2}$ for hand. To decrease for top of hand knit six stitches, take off one, continue on three needles, then knit six plain rounds, repeat six and decrease three times. Then knit two plain rounds after decrease and then weave seven stitches off two needles.

Now finish thumb by taking up the stitches off the wool and picking up four from hand where the thumb joins. Knit three rows plain then decrease two stitches where the extra ones come. Knit three inches and then decrease one half inch, then weave off.

COMFORT ROBE

AND

**COMFORT
SLIPPERS**



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COMFORT ROBE

(Without Side Seams)

1. Turn fronts 2 in. finishing with hem $1\frac{1}{2}$ in. Hem in sleeves and bottom $1\frac{1}{2}$ in. Pockets 1 in.

2. At top 6 in. from finished fronts make a $1\frac{3}{4}$ in. backward turning tuck.

3. Flat fell seams on shoulder, finished on outside, lapping forward. Sleeve seams lapping toward back and body of robe lapping over sleeve. (To make seams—place edges together, stitch $\frac{3}{4}$ in. from edge, trim one back bringing other over and finishing.)

4. Face collar underneath with band $\frac{1}{2}$ in. finished. Sew into neck with fronts of collar $3\frac{1}{2}$ in. from front of robe. Finish with $\frac{1}{2}$ in. facing underneath.

5. Pockets 7 in. in front edge and 22 in. down from neck. Stitch on edge and $\frac{3}{8}$ in. back.

6. Belt $1\frac{1}{2}$ in. wide and 76 in. long. Stich on edges and fasten in center of back $19\frac{1}{2}$ in. down from neck. Straps for belt 1 in. wide and $3\frac{1}{2}$ in. long finished. Stich on edges and fasten on sides of robe on a line with seam of sleeve, $5\frac{1}{2}$ in. down from sleeve, stitching twice across ends.

7. Sleeve sews in with seam 1 in. *back* of center of armhole measuring from shoulder seam.

8. Bring collar together at front and fasten neck of robe here with hook and eye lapping from left to right. Loops for buttons 6 in. long. First loop 1 in. from top on underside of left front hem, second 9 in. Cover button molds and sew in position on right front after collar is brought together.

NOTE.—To make belt straps and loops—seam on wrong side with $\frac{3}{8}$ in. seam, trim, insert bodkin, fasten end securely to end of goods and turn right side out. Robe is double breasted.

NOTE—Please sew “C. S. Markers” around *four* edges, with *white* thread, on collar facing at centre back.

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MEN'S COMFORT SLIPPER

(High with Tie)

Baste sole and lining together. Bind edge with band, stitching on underside and felling down on lining by hand. Seam front of slipper top and lining from toes $5\frac{1}{2}$ inches up with $\frac{3}{8}$ inch seam. Seam backs. Baste outside of slipper and lining together at bottom, seam and turn, bringing all seams on inside and raw edges at top together. Turn in fronts and top of outside of slipper $\frac{3}{8}$ inch and stitch all around twice (on edge and $\frac{1}{4}$ inch back). Fell lining down to outside by hand.

Ties 20 inches long finished. Fasten underneath on front edges $2\frac{1}{2}$ inches down from top. To make ties—trim to 1 inch wide before turning. Turn raw edge toward center $\frac{1}{3}$ of an inch, bring *salvage* edge over to center and stitch once in center. Sew top of slipper to sole on outside by hand.

NOTE—Please sew “C.S. Marker” on one slipper only, crosswise at top, center back. Please use white thread and sew around all four edges.

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Instructions for Knitting

SOCKS



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Instructions for Knitting Socks

1 hank of yarn ($\frac{1}{4}$ lb.).

Socks must not have a ridge under the heel nor at the end of the toe, nor a back seam stitch.

Do not knit coarse yarn on fine needles.

Do not make double heel.

Break any knots in the wool, and join again by running each end into the other with a darning needle for about six inches.

Always knit loosely.

Always shrink yarn before using.

Always wash the socks carefully before turning them in.

Length of foot when finished—Not less than $10\frac{1}{2}$ (ten and one-half) inches; not over twelve inches.

Medium sizes are required in the largest numbers—Foot 11 inches.

Needles—4 (Four) No. 10 steel, or corresponding size in bone, celluloid or wood.

Loosely cast on 56 stitches; 4 inches, 2 plain, 2 purl; knit plain 7 inches (11 inches in all).

Heel—Knit plain 28 stitches on to one needle, turn, purl back these 28 stitches, turn, knit plain, repeating these two rows (always slipping the first stitch) for 28 rows, making heel about 3 inches.

With the inside of the heel toward you, purl 16 stitches, purl 2 together, purl 1.

Turn, knit 6 stitches, slip 1, knit 1, pull slipped stitch over, knit 1, turn, purl 7 stitches, purl 2 together, purl 1.

Turn, knit 8 stitches, slip 1, knit 1, pull slipped stitch over, knit 1, turn, purl 9 stitches, purl 2 together, purl 1.

Turn, knit 10 stitches, slip 1, knit 1, pull slipped stitch over, knit 1, turn, purl 11 stitches, purl 2 together, purl 1.

Turn, knit 12 stitches, slip 1, knit 1, pull slipped stitch over, knit 1, turn, purl 13 stitches, purl 2 together, purl 1.

Turn, knit 14 stitches, slip 1, knit 1, pull slipped stitch over, knit 1, turn, purl 15 stitches, purl 2 together.

Turn, knit 15 stitches, slip 1, knit 1, pull slipped stitch over.

Now pick up and knit the 14 stitches down the side of the heel piece.

Knit the 28 stitches of the front needles on to one needle. Pick up and knit 14 stitches at the other side of the heel piece.

Divide the heel stitches on to the 2 side needles, and knit right around again to the center heel.

First needle, knit to within 3 stitches of the front end of side needle, knit 2 together, knit 1.

Front needle plain.

Third needle, knit 1, slip 1, knit 1, pull slipped stitch over, knit plain to end of needle.

This reducing to be done every other row until there are 56 stitches on the needles (front needle 28, side needles 14 each).

Knit plain until the foot from the back of the heel measures $8\frac{1}{2}$ inches, or 9 inches for a longer sock.

To narrow for Toe—

Begin at the front needle; knit 1, slip 1, knit 1, pull slipped stitch over, knit plain to within 3 stitches of the end of the needle, knit 2 together, knit 1.

Second Needle: Knit 1, slip 1, knit 1, pull slipped stitch over, knit plain to end of needle.

Third Needle: Knit plain to within 3 stitches of the end, knit 2 together, knit 1.

Knit two plain rounds, then narrow as before every other round until you have 20 stitches on the front needle and 20 stitches on side needles all on to one needle, giving you 10 stitches on each of the two remaining needles.

Intake of Toe—

Having 10 stitches each on front and back needles, break off wool leaving 12 inches with which to finish off sock and thread it into a darning needle. Put darning needle into first stitch of the front knitting needle as if to knit, pull wool through and take off stitch. Put darning needle in next stitch of front needle as if to purl, pull wool through but leave stitch on. Go to back needle, *being particularly CAREFUL THAT THE WOOL IS TAKEN UNDER THE KNITTING NEEDLE EACH TIME AND NOT OVER.* Put darning needle in first stitch of the back needle as if to purl, pull wool through and take off stitch; put darning needle in next stitch of the back needle as if to knit, pull wool through but leave stitch on. Return to front needle, put wool in first stitch (the one previously purled) and repeat. In finishing off end of yarn, run yarn once down side of toe, so as not to make ridge or lump.

Tie together below ribbing at back of leg.

Leg, from tip of heel to top of leg, not less than 14 inches.

Instructions for Knitting

**NEW
RED CROSS
SWEATER**



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Instructions for Making

THE AMERICAN RED CROSS

“DOUGLAS

TRENCH CAP”

CROCHETED



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THE AMERICAN RED CROSS
"DOUGLAS TRENCH CAP"

CROCHETED

MATERIAL:—Khaki or Gray Worsted Knitting Yarn, 1 skein.
Crochet Needle No. 5. Single Crochet.

DIRECTIONS:

For single crochet. Insert hook, draw yarn through, pass yarn around the hook and draw it through both loops on the hook.

Start in the center with a chain of four, join one chain, single crochet into this, increasing enough to keep it flat and continue around and around, increasing gradually until you have a perfectly flat top $6\frac{1}{2}$ inches in diameter. Then continue row after row without increasing for $4\frac{7}{8}$ inches. The cap should then measure 8 inches from center of crown to edge of cap and about 22 inches around. Do not break off yarn. Chain one, turn, skip 1 stitch and single crochet 14 inches for neck piece, leaving 8 inches for front of cap. Then one chain, turn, skip 1 and crochet back and forth on the 14 inches, decreasing 1 stitch at first end of each row until you have 8 rows or $1\frac{1}{2}$ inches, which completes the neck piece. Do not break off yarn.

Ear Flaps and Tie—1 chain, turn, single crochet 18 stitches, 1 chain, turn, skip 1, single crochet 17 stitches, chain, one, turn, repeat, decreasing each row until only 2 remain. Put needle in center and crochet a chain 8 inches long for tie.

Break off yarn. For second flap start at other end of neck piece and single crochet 18 stitches and continue directions same as first. Do not break off yarn, turn and single crochet all around cap and both sides of chain for tie. Cover flaps and tie with slightly damp cloth and press with moderately warm iron. A circular piece of cardboard $6\frac{1}{2}$ inches in diameter is a convenience in measuring for the perfectly flat top.

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Instructions for Knitting

IMPROVED WRISTLETS



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Instructions for Knitting

IMPROVED WRISTLETS

$\frac{1}{8}$ lb. yarn. Use sock needles.

Cast on 60 stitches, 20 on each needle.

Knit two, purl two for three inches. Now begin for thumb. Knit two, purl two, increase once in the next stitch (by knitting through loop just underneath the stitch). Knit two, increase once, purl two, and so on around. Knit three rows, then increase on each side of the four stitches, always knitting three rows between until there are 18 stitches on thumb needle. Then knit two, purl two around to thumb needle, and take off the 18 stitches with a darning needle onto a piece of yarn, tie and leave.

Now cast on four stitches after the purl two, follow on and finish the round, always knitting those four stitches plain. Keep on for three and one-half inches, then bind off rather loosely.

Now take up the 18 stitches that were left on the yarn and divide them on two needles. Knit up six stitches along the space between the two needles. Knit six rounds of plain knitting, then knit two, purl two for one inch or until thumb measures about two inches, and bind off.

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